

BEST PRACTICE CATALOG

Project Title: **HORTICULTURE THERAPY PROGRAM**

Function Category: ☒ PATIENT-FOCUSED ☐ ORGANIZATION ☐ STRUCTURES

Subcategory: **Care of Patients**

Heading: **Programming**

Key Word(s): **Therapeutic - Avocation**

Contact Person: **Tim Turley, S.V.S.**

Telephone Number: **(909) 425-7872**

Hospital: **Patton State Hospital**

Purpose: To provide positive educational and therapeutic experience to patients interested in learning basic horticulture and gardening practices. The entire experience serves to improve self-esteem, provide a positive outlet for depression and anger, and to learn important vocational skills for future employment.

Brief Description: The Horticulture Therapy Program provides formal instruction and hands-on experience in horticulture science, greenhouse management, gardening practices, agriculture, and the basic elements of producing and selling produce and ornamental plants to the public. Funds raised from the sale of produce are recycled into the program. Patients participate fully in program planning, cost/benefit analysis, and quality improvement.

Selection Basis/Criteria:

The following items are available regarding this Best Practice:

☐ Photographs ☒ Video Tape ☐ Drawings ☐ Manual

☐ Other : _____

DATE SUBMITTED: **October 19, 1998**